

**PAUSING IN LOCKDOWN** - Online Meditations with John Tansey.

**Mon-Thurs 9.30 am.** Join John for 25 minutes of mindful meditation during lockdown. [https://zoom.us/j/96887771248?](https://zoom.us/j/96887771248?pwd=L2NabXk0MUZjT3lhaFN6MTdNVFYzZz09)

pwd=L2NabXk0MUZjT3lhaFN6MTdNVFYzZz09 Meeting ID: 968 8777 1248, Passcode: 750657

**You might like to listen to :SOUL SEARCH** with Dr Meredith Lake.

<https://www.abc.net.au/radionational/programs/soul-search/> - Meredith is a historian of religion, society and culture with a PhD from the University of Sydney. This week she spoke with **Professor Elaine Pagels** who has spent decades seeking to understand religion and, as her latest book reveals, this isn't a merely academic exercise but a quest bound up with her own experience of life and bereavement.

**The St Kilda Uniting Church respectfully acknowledges the Traditional Owners and Custodians of the land on which we meet, and we pay our respects to their Elders, past, present and emerging.**

Date	10 October	17 October	24 October	31 October	7 November
<b>Worship</b>	Janet & Brian SW	Ishe and Robert H.	Mark Lawrence	Robert Hoskin & Trude Kleess	Robert Hoskin Desleigh
<b>Assistance</b>	Wendy	Melissa	Roma		
<b>Welcome at door</b>	Roma	Maureen	Louise	Mary	Wendy
<b>Flowers</b>	Desleigh	Maureen	Roma	Mary	Desleigh
<b>Coffee</b>	Roma	Mary	Louise	Maureen	Melissa
<b>Rubbish collection</b>	Randall	Darren	Mary	Randall	Darren

**Church:**

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(cnr. Chapel & Carlisle Sts.)  
PO Box 385, Balaclava 3183

**Engagement Hub:**

101 Carlisle St.  
St Kilda 3182. Ph: 9525 5478

**Minister:**

[www.stkildaunitingchurch.org.au](http://www.stkildaunitingchurch.org.au)

**Church phone no.**

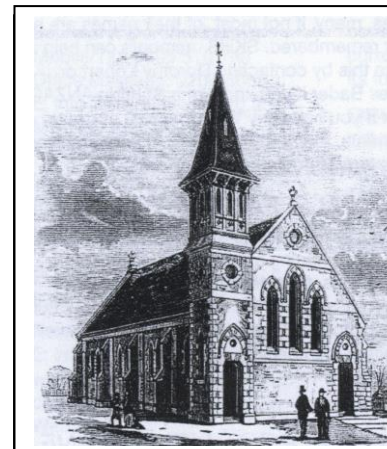
**0493 254 812**

**VISION STATEMENT:**

As a community of faith, the St Kilda Uniting Church Parish Mission strives to do what is just, to show constant love and to walk humbly with God.

**NEWSLETTER DETAILS:**

Desleigh Kent is the editor and distributor of the Newsletter. If you would like to receive a copy of the church newsletter each week or if you wish to be removed from the list, please contact Desleigh: [desleighk@ozemail.com.au](mailto:desleighk@ozemail.com.au)  
Contributions to the content are also welcomed.



**St Kilda Uniting Church  
Parish Mission**

**NEWSLETTER**

**Volume 56 Issue 36**

**Sunday 10 October 2021**

**Mental Health Week**

**This Sunday as we continue to enjoy this season of Spring and the hope that it brings 🌻, we will continue to gather on Zoom. Today Janet and Brian Snashall - Woodhams will lead us and will be assisted by Wendy. Please feel free to connect before the gathering and/or stay afterwards for a chat.**

**READING: Job 23: 1 – 9, 16 & 17 pg. 435: Psalm 22 pg. 377  
The Inclusive Bible**

**FROM BRIAN:** Last week I spent time reading Bachar Houli's autobiography which is subtitled *faith, football and family*. His words prompted me to think about different perspectives of how we live out our faith.

In the foreword Waleed Aly highlights some of the changes Houli has brought to the way the AFL conducts its business. Aly states that, "[Houli] has made countless conversations between Muslims and their colleagues in all walks of life that tiny bit easier."

**The aspect of Houli's story that had me thinking was his attitude to prayer.** He writes that prayer has had a significant impact on his life as a footballer. During Ramadan he dutifully attended mosque each evening for the long evening prayers known as Taraweh. These prayer times can extend over several hours. During matches and training he would leave the field to pray. Houli talks about the variety of places he used as prayer spaces and how he worked with the AFL to set up prayer rooms at AFL grounds for members of the public.

**Cont.....**

**Cont...** Reading Houli's book has me reflecting about the value and place of prayer in my life. Why do I tend to pray, predominately, when under stress? Where do I feel comfortable praying? Given my Anglican liturgical background, what is the value of open prayer vs. structured prayer? Why am I praying?

**As we gather this Sunday, Janet and I encourage you to bring a stone, leaf and candle to our service as we will use these to focus our prayers. May we continue to build our lives and each other as a prayer filled faith community.**

**Brian**

The **Stone** is a prayer for the **Hard Thing**

The **Leaf** is a prayer for **Hope**

The **Candle** is a prayer for **Light**

### **CALL TO WORSHIP**

We are here to praise and enjoy God with body and soul, mind and heart, **with song and word, with hands and feet.**

We are here to give because of the abundance God has given us, to share with each other, **and to receive, because God has created us to depend on each other.**

We are here to celebrate the differences that otherwise might divide us:

**differences of age, of body, of culture, of opinion, of ability, of religious conviction.**

We are here to put things in perspective: to celebrate what matters,

**to laugh about things we take too seriously, to cry about things that truly touch our hearts.**

**So may it be this morning: Amen!**

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<https://progressivechristianity.org/prayers/the-lords-prayer/>

### **NOTICES:**

**PODCAST Discussion Group via ZOOM Wednesday evenings at 7.30pm. This is the final Podcast for discussion in this series This week it is Ep 96 of The Deconstructionists- Dr. Jacqueline Bussie "Outlaw Christian".** Dr. Bussie is an award-winning author, professor, theologian, public speaker, and student of life in all its messy beauty. Her books include "Love without Limits (2018)" and "Outlaw Christian" (2016), which won the 2017 Gold Medal Illumination Award for Christian Living. Jacqueline teaches religion, theology, and interfaith studies classes at Concordia College in Moorehead, Minnesota, where she also serves as the Director of the Forum on Faith and Life.

This podcast is a great follow-on from what Brian and I will be covering on Sunday 10 October re Prayer.

***In preparation for our time together you could read the story of Thomas again (Matthew 20: 24-29) and reflect on your own scars ....along with all the other things she talks about!!!***

Please email or phone/message Janet: [janetsnashall@gmail.com](mailto:janetsnashall@gmail.com) if you would like to be part of this group to be included on the ZOOM list or if you have any difficulty accessing the podcasts.



**The PCNV (Progressive Christian Network Victoria)** will hold their next meeting (via ZOOM) on **Sunday October 24, 2021: 4 – 5.15.**

**TOPIC: An Invitation to explore: CHALLENGES AND NARRATIVES OF HOPE FOR AND THROUGH THE CHURCHES - with Dr Deidre Palmer.** Dr Palmer served as President of the Uniting Church in Australia from July 2018 until July 2021.

**This is a free event – please feel free to invite your friends. Flyer attached.**

<https://www.pcnvictoria.org.au/news/>

For the latest online edition of :  
**CROSSLIGHT**  
<https://victas.uca.org.au/>

People of faith all over the world will take part in the global multi-religious **Faiths 4 Climate Justice Action** organised in Australia by the **Australian Religious Response to Climate Change on 17 and 18 October.** The event is timed for maximum impact two weeks before global climate negotiations are due to take place in Glasgow. **Over two days,** people are invited to take part in actions at places of worship (Sunday) and then at the offices of political leaders (Monday), to send a message that protecting the planet is an urgent priority for people of faith. This of course will not be possible in lockdown but check out other ways to participate: [Go to the ARRCC website](#)



**WORLD MENTAL HEALTH DAY** is marked every year on the same date: **10th of October.** Mental Health Week aims to activate, educate and engage Victorians about mental health through a week of interactive events across the state including an official launch, community festivals, art exhibitions, music, theatre and seminars.  
<https://www.mentalhealthvic.org.au/mental-health-week>